Self and Peer Assessment Consistency over Time

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Abstract
This article investigated and compared the consistency of self and peer assessments as alternatives for teacher assessment. Thirty sophomores majoring in TEFL were asked to assess their classmates’ as well as their own speaking ability in a conversation class. They were taught how to do this using a rating scale of speaking. They did the rating twice during the term; the first rating was carried out during the 8th and 9th weeks and the second rating at the end of the term (weeks 15 and 16). The results of the study indicated that self and peer assessments were not significantly related at the end of the term and only loosely, though significantly, related in the middle of the term. Both self and peer assessments indicated consistency over time, however peer assessment enjoyed a higher consistency.

Keywords: Self assessment; Peer assessment; Consistency; Speaking rating scale

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Introduction
Assessment is of crucial concern in any educational operation which could be materialized in different ways. Ordinarily it’s the teacher who is responsible for the assessment in classroom. But a growing number of studies support the use of peer and self assessments as alternatives for teacher assessment (e.g. AlFallay, 2001; Boud, 1989; Boud, 1995; Brown and Hudson, 1998; Falchikov, 1995; Magin and Helmore, 2001; Patri, 2002; Rada and Hu, 2002; Stefani, 1998; Tudor, 1996; Woolhouse, 1999). It has been argued that these types of assessment lead to effective learning. Students learn to be critical of others’ work and receive critical appraisal of and feedback on their own work. They develop to think critically about others and their own learning.

Peer assessment which is defined as “an arrangement in which individuals consider the amount, level, value, worth, quality, or success of the products or outcomes of the learning of peers of similar status” (Topping, 1998, p. 250) has extensively been used in diverse fields (e.g. Falchikov, 1995; Freeman and McKenzie, 2002; Sluijsmans et al., 2002). The peer assessment tasks can be regarded as the learning exercises in which the assessment skills are practiced (Sluijsmans et al., 2002). Students have an opportunity to observe their peers through the learning process and often have a more detailed knowledge of the work of others than do their teachers (Dochy, Segers, and Sluijsmans, 1999). Peer assessment may lead to developing autonomy, better understanding of what happens in classes, and an objective view toward one’s own and others’ work. This type of assessment necessitates an open marking system and this provides an opportunity to see standards set by peers as well as their mistakes. There is also the hope that assessors gain an ability to ‘stand back’ from their own work and assess objectively. It is possible that as students become familiar with the way in which marking criteria are implemented they improve their understanding of assessment procedures (Langan and Wheater, 2003). Furthermore peer assessment can help students plan their own learning, identify their own strengths and weaknesses, target areas for remedial action, develop meta-cognitive and professional transferable skills, and enhance their reactive thinking.
and problem solving abilities during the learning experience (Sluijsmans, Dochy, and Moerkerke, 1999; Smith, Cooper, and Lancaster, 2002; Topping, 1998). Peer assessment has also been found to be a reliable and valid method for assessment and teaching (Falchikov and Goldsch, 2000; Topping, 1998), to increase students’ interpersonal relationships in the classroom (Sluijsmans et al., 2002), and to facilitate a deep approach to language learning (Cheng and Warren, 2005).

Like peer assessment, self assessment has also been emphasized in the realm of assessment. It is believed that self assessment helps to open up wider perspectives on the learning process (Oscarson, 1989), increase student and teacher motivation (Ross, 1998), develop critical thinking, and emphasize self reflection (Fletcher and Baldry, 2000). Through self assessment, students can also gain an insider access to the interaction between curriculum and assessment which is fundamental to any worthwhile educational enterprise (Little, 2005). Three reasons have been mentioned by Little (2005) for engaging students in self assessment. First of all, a learner-centered curriculum is not complete if it involves students in decisions concerning the content of the curriculum but prevents them from having a voice in evaluating the curriculum including their own learning. Secondly, self assessment plays a key role in developing autonomy and thirdly,

To the extent that languages learnt in formal contexts are to be used in the world beyond the classroom, a capacity for accurate self-assessment is an essential part of the toolkit that allows learners to turn occasions of target language use into opportunities for further explicit language training (p. 322).

Review of literature
Self and peer assessments have been studied from different perspectives. Some studies have focused on the specific benefits of self and peer assessments. Tseng and Tsai (2007) for example, have indicated that online peer assessment can significantly enhance students’ quality of
projects, as it provides students with opportunities of learning not only from other peers but also from evaluating other peers’ work. They state that the learning in peer assessment comes from both students’ adaptation of peers’ feedback and their assessment of peers’ projects. Furthermore, with the implementation of networked peer assessment, it is believed that the teaching load could be somewhat reduced for instructors.

Many studies have also shown various benefits that students receive in the writing learning process by using peer assessment (Berg et al., 2006; Boud, Cohen, and Sampson, 1999; Davies, 2006; Falchikov, 1995; Plutsky and Wilson, 2004; Stefani, 1994; Topping, 1998; Topping et al., 2000) because the major activities of writing such as editing and reviewing could be very similar to the process of peer assessment (McIsaac and Sepe, 1996).

After using a peer assessment method in teaching the process of scientific writing to 39 undergraduate students, Guilford (2001) found that participants learned more course content knowledge and technical skill-writes for publication through the peer review than through traditional term paper approaches. A similar finding was also found in a study by Venables and Summit (2003).

Some researchers have pinpointed the key role that peer feedback plays in students’ learning in peer assessment. Richer (1992) for instance, compared the effects that two kinds of feedback, peer directed and teacher based, had on first year college students’ writing proficiency in an experimental study with 87 participants. The study results showed that there was a significant difference in writing proficiency in favor of the peer-feedback-only group. The finding indicated that using peer feedback provides a feasible method enabling college students to enhance their writing skills and improve their learning achievement. In the same line, Topping et. al. (2000) have argued that formative assessment seems likely to be most helpful if it yields rich and detailed qualitative feedback information about strengths and weaknesses, not
merely a mark or a grade. This idea has been underlined by other researchers as well (Black and Wiliam, 1998; Chaudron, 1983; Davies, 2006; Lin, Liu, and Yuan, 2001; Paulus, 1999; Plutsky and Wilson, 2004; Stefani, 1998).

Some other studies have underlined the effect of psychological and personality traits on the accuracy of self and peer assessments. AlFallay (2004), for example, investigated the role of motivation types, self-esteem, anxiety, motivational intensity, and achievement in the accuracy of self and peer assessments. The study concluded that learners possessing the positive side of a trait are more accurate than those who have its negative side, with the exception of students with high classroom anxiety. The study also demonstrated that students with low self-esteem are the most accurate in assessing their performance, whereas learners with instrumental motivation are the least accurate. Similar studies were formerly conducted by AlFallay (2001) and Lin et al. (2001). Other studies have focused on the effect of proficiency level on self and peer assessments (e.g. Davidson and Henning, 1985; Heilenmann, 1990; Janssen-van Dieten, 1989) or gender bias and fairness in self and peer assessments (e.g. Bradley, 1993; Falchikov and Magin, 1997; Newstead and Dennis, 1990).

Different reactions to peer assessment are also found in the literature. Zhao (1998), for example, found that in face-to-face peer assessment, students frequently expressed anxiety in sharing their feedback for fear of being wrong or rejected by peers. Likewise, Macleod (1999) reported that some students doing face-to-face peer assessment were caused to be dishonest in giving feedback because of interpersonal relationships. Following the same line, Topping et. al. (2000) found that most students considered peer assessment as time consuming, intellectually challenging, and socially uncomfortable although it was effective in improving their learning.

However, a line of research which has attracted a good number of researchers is the investigation of the reliability and validity of self and
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peer assessments as alternatives for the teacher assessment. Studies in this regard have yielded mixed results. A number of studies has indicated high reliability and validity for peer-assessment. Tseng and Tsai (2007), for instance, examined the consistency between peer assessment scores and expert (teacher) scores. It was found that the correlations between these scores were significantly high, implying that peer assessment could be perceived as a valid assessment method. In the same line, Bailey (1998) found high correlations (between 0.58 to 0.64) between self-rated oral production ability and scores on POI concluding that learners’ self-assessments may be more accurate than one might suppose. Similar results were formerly found by other researchers (e.g. Alfallay, 2004; Bachman and Palmer, 1989; Cho et al., 2006; Haaga, 1993; Patri, 2002; Ross, 1998; Saito and Fujita, 2004; Stefani, 1994; Sullivan and Hall, 1997; Williams, 1992; Xiao and Lucking, 2008).

However, the reliability and validity of self and peer assessments have also been challenged by other researchers (e.g. Blue, 1988; Cheng and Warren, 1999; Falchikov and Magin, 1997; Hughes and Large, 1993; Mowl and Pain, 1995; Mowl and Pain, 1995; Orsmond et al., 2000; Wesche et al., 1990).

Following the same track, some other researchers have tried to investigate the reliability and validity of self and peer assessments under the conditions of anonymous review (Lu and Bol, 2007; Zhao, 1998) or employing multiple raters (Cho, Schunn, and Wilson 2006; Fagot, 1991; Fergusston, 1966; Magin, 1993; Xiao and Lucking, 2008).

However most of the studies conducted so far on the validity and reliability of self and peer assessments have been mostly studies of validity not reliability. That is, even those studies which intended to investigate the reliability of the self and peer assessments actually seem to be studies of validity (Topping, 1998). Respectively, very few studies have ever tried to study the reliability of self and peer assessments in terms of the consistency of the results throughout time (e.g. Marcoulides and Simkin, 1995). Sung, Chang, Chiou, and Hou (2005) is one of the studies in this regard who found evidence for the fact that self
assessment is consistent over a short time frame. Formerly, Blatchford (1997) had found that self assessments were not stable between ages 11 and 16 in English classes.

Research questions and hypotheses
The major objective of the present study is to investigate the reliability of self and peer assessments over time in the higher educational context of Iran. It also tries to find the possible relationship between peer and self assessment. As such, the study is after the following research questions:
1. Is there any significant relationship between self and peer assessment scores?
2. Does self assessment enjoy reliability over time?
3. Does peer assessment enjoy reliability over time?

Method
Participants
Thirty sophomores majoring in TEFL participated in this study. They had passed Conversation Courses I and II during the first year of their study at the university and now they were attending the Conversation Course III in two separate classes with 15 students in each class. The course lasted for one academic semester (16 weeks), for 4 hours per week.

Instrumentation
A holistic rating scale of speaking (ILR Language Skill Level Descriptions) was utilized to assess the learners’ speaking skill. This scale specifies six levels of proficiency running from 0 to 5. Zero stands for no/memorized proficiency, 1 for elementary proficiency, 2 for limited working proficiency, 3 for general professional proficiency, 4 for advanced professional proficiency, and 5 for functionally native proficiency. The scale levels are explained in detail in the appendix.
Data collection procedures
At the beginning of the term students were taught how to assess their peers’ speaking ability using the speaking rating scale (see the appendix). During the term they had due practice in assessing their peers’ and their own speaking ability based on their performance on different tasks such as lectures, panel discussions, oral reproduction of stories, etc. Problems concerning self and peer assessments were presented and discussed with the whole class to make sure that the teacher and all the students had the same idea of what constituted oral proficiency and consequently assessed the same elements in this regard. Then during the 8th and 9th weeks students were asked to rate their classmates’ as well as their own speaking ability and report a score (form 0 to 5) in this regard. Each student was supposed to assign scores to all of his classmates’ as well as to his own speaking ability. As such, each student received 15 scores for his speaking ability, one obtained through self assessment and 14 others from peer assessment. The mean of these fourteen scores was reported as the peer assessment score. The same procedure was employed at the end of the term (weeks 15 and 16) during which each student was asked to assign scores to his own speaking ability as well as others’. The reason that all the students rather than some of them were asked to rate their peers’ performance was based on the idea that if individual students are poor judges, the reliability of averaged scores can be increased by increasing the number of raters (Cho, Schunn, and Wilson, 2006; Fagot, 1991; Ferguston, 1966; Magin, 1993; Xiao and Lucking, 2008).

Results
The data collected were subjected to a number of correlation coefficients to determine the degree of relationship between sets of scores obtained from self and peer assessments. First of all Pearson correlation coefficient was used to determine the degree of relationship between self and peer assessments in the middle of the term (weeks 8 and 9). Table 1 depicts the statistics in this regard.
As indicated in this table, peer and self assessments are significantly related at \( p < 0.05 \). Of course caution should be applied in using the results because although the two assessments are significantly related, the correlation is not high enough \( (r = 0.38) \) to lead us to safe conclusions. Usually correlation coefficients below 0.5 are considered to be low (Ary, Jacobs, and Razavieh, 1996).

As for correlation at the end of the term (weeks 15 and 16), Table 2 below indicates that self and peer assessments are not significantly related. Hence concerning the first question of the study that asked for the relationship between self and peer assessment, the results indicated that there is a significant (though weak) relationship between the two assessment procedures in midterm and that there is no significant relationship between them in the final exam.

The same procedure was employed to see whether the scores obtained from self and peer assessments indicated consistency over time. The results are depicted in Tables 3 and 4 below.
Table 3
Correlation Coefficient for Self Assessments

<table>
<thead>
<tr>
<th>Assessment Type</th>
<th>N</th>
<th>Mean</th>
<th>Std.</th>
<th>Pearson C</th>
<th>Sig</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Self Assessment</td>
<td>30</td>
<td>3.00</td>
<td>0.64</td>
<td>0.68</td>
<td>0.000</td>
</tr>
<tr>
<td>Final Self Assessment</td>
<td>30</td>
<td>3.47</td>
<td>0.86</td>
<td></td>
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</tbody>
</table>

Table 3 depicts a significant correlation between the two self assessments carried out in the middle and at the end of the term. Hence the answer to the second research question is positive meaning that the scores obtained from self assessment in midterm significantly correlate with those obtained in the final exam.

The third research question asked for the consistency of peer assessment scores over time. Here again Pearson correlation coefficient was utilized to answer the question. The result is depicted in Table 4.

Table 4
Correlation Coefficient for Peer Assessments

<table>
<thead>
<tr>
<th>Assessment Type</th>
<th>N</th>
<th>Mean</th>
<th>Std.</th>
<th>Pearson C</th>
<th>Sig</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Peer Assessment</td>
<td>30</td>
<td>2.18</td>
<td>0.77</td>
<td>0.90</td>
<td>0.000</td>
</tr>
<tr>
<td>Final Peer Assessment</td>
<td>30</td>
<td>2.15</td>
<td>0.71</td>
<td></td>
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</tbody>
</table>

This table indicates that peer assessments are significantly and meaningfully related in the middle and at the end of the term (r = 0.90). However the results obtained from peer assessments are more satisfactory than those of self assessments. In other words, the scores obtained from peer assessments indicate a higher level of consistency (r = 0.90) over time than the scores obtained from self assessments (r = 0.68).

Discussion
This study focused on the consistency of self and peer assessments over time. The results indicated that both self and peer reviewers were
consistent evaluators. Peer assessors, however, were more consistent. In other words, the results indicated that Peer assessment enjoyed a higher consistency as an alternative for teacher assessment. That is, the correlation obtained for peer assessments within an interval of 6 weeks was quite high (r = 0.90) which was considerably higher than the one obtained for self assessments (r = 0.68) though in both cases the correlation was significant. This seems to be logical since in this study the peer score given to a student’s performance was defined as the mean of 14 scores given by all the other students in class. Hence such a peer score undergoes less fluctuation throughout time and tends to be more consistent and reliable than the score given by a single student through self assessment procedure. This is in line with the idea that an individual reviewer is less consistent in his evaluation than multiple raters (Cho, Schunn, and Wilson 2006; Fagot, 1991; Fergusston, 1966; Magin, 1993; Xiao and Lucking, 2008). Furthermore, “students may be either too harsh on themselves or too self-flattering” (Brown, 2004, p. 270) and this can lead to inaccuracy or inconsistency of self assessment scores.

The study also checked for the degree of relationship between self and peer assessments. It was shown that the two types of assessment were not significantly related at the end of the term. As for the midterm, although they were significantly related, the correlation was not high enough to be considered meaningful (r = 0.38). Thus overall one might say that self and peer assessments were loosely related in this study. Formerly, a number of studies had indicated a high correlation between peer assessment and teacher assessment (e.g. Alfalay, 2004; Bachman and Palmer, 1989; Falchikov and Goldnch, 2000; Patri, 2002; Ross, 1998; Stefani, 1994; Sullivan and Hall, 1997; Topping, 1998; Williams, 1992) and concluded that peer assessment could be a valid procedure to be used as an alternative for teacher assessment. This study indicated that peer assessment also enjoyed more consistency over time. This may give us a clue as to the preferability of peer assessment over self assessment as an alternative for teacher assessment since it enjoys a higher degree of reliability (leading to more consistent results over time), and validity (having a high correlation with teacher assessment).
It is worth mentioning here that the success of the peer and self assessments depends to a large extent to how they are managed in the classroom. That is, much valuable class time may be lost if alternative assessment is not employed properly (Wheater, Langan, and Dunleavy, 2005). There could also be other problems like inaccuracy and low precision by naive markers, and variability between groups of peer-assessors (Swanson et al., 1991).

**Conclusion**

This study indicated that self and peer assessment scores do not necessarily correlate with each other. The results also indicated that peer assessment as an alternative for teacher assessment is more consistent over time than self assessment. In other words, peer assessment enjoys a higher reliability than self assessment and could lead us to more dependable results. However this does not necessarily mean that we should exclude self assessment from or include peer assessment into our academic programs. Each of these assessment types may have its own benefits to the students and teachers if employed at the right time (and for the right language area). As such, any decisions as to whether exclude or include self and peer assessments should be made after due consideration of their positive impacts (Cheng and Warren, 2005).

**Implications of the research**

A growing number of studies support the use of peer and self assessments as alternatives for teacher assessment (e.g. Falchikov, 1995; Hughes, 2001; Magin and Helmore, 2001). However this study cast doubts over such an assumption because the results indicated that peer and self assessment were not significantly related in the final exam and only loosely, though significantly, related in the midterm exam. This means that using self or peer assessment may lead to different results. This calls for more caution in employing self and peer assessments instead of teacher assessment.

The study also indicated that the results of both self and peer assessment enjoyed consistency over time, however peer assessment
indicated a higher consistency in this regard. This can lead to the idea that if we are to use an alternative for teacher assessment, then peer assessment could be a more logical option.

**Further research**
The following may be implied for the future line of research: First, this study investigated the consistency of the scores obtained through self and peer assessments from a group of sophomores. It is therefore worth investigating whether the same results are also true with students of different proficiency levels. Second, this study didn’t consider the probable effect of gender on the consistency of the scores. It would be worth to design self and peer assessment studies investigating the consistency of the results under the effect of gender. Third, this study focused on assessing oral proficiency using a holistic rating scale. The same study could be replicated using analytic rating scales or focusing on other language skills and content areas. It has been indicated that students are better assessors in content areas when the specific course objectives are available and are less adept at assessing general proficiency (Ross, 1998). And finally a question which is still open to research and offers a variety of potentials for assessment studies is: *under what conditions and for what language or content areas should we limit the use of self and peer assessments?*

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Appendix†

A: Oral presentation assessment criteria

0. No/memorized proficiency
1. Elementary proficiency
2. Limited working proficiency
3. General professional proficiency
4. Advanced professional proficiency
5. Functionally native proficiency

Speaking 0 (No Proficiency / Memorized Proficiency): Unable to function in the spoken language. Oral production is limited to occasional isolated words. Has essentially no communicative ability. Or Able to satisfy immediate needs using rehearsed utterances. Shows little real autonomy of expression, flexibility or spontaneity. Can ask questions or make statements with reasonable accuracy only with memorized utterances or formulae. Attempts at creating speech are usually unsuccessful.

Speaking 1 (Elementary Proficiency): This speaker has a functional, but limited proficiency. He is able to satisfy minimum courtesy requirements and maintain very simple face-to-face conversations on familiar topics. A native speaker must often use slowed speech, repetition, paraphrase, or a combination of these to be understood by this individual. Similarly, the native speaker must strain and employ real-world knowledge to understand even simple statements/questions from this individual. Misunderstandings are frequent, but the individual is able to ask for help and to verify comprehension of native speech in face-to-face interaction. The individual is unable to produce continuous discourse except with rehearsed material.

† Adapted from Interagency Language Roundtable Language Skill Level Description: Speaking. Retrieved from http://www.govtilr.org/Skills/ILRscale2.htm
Speaking 2 (Limited Working Proficiency): Able to satisfy routine social demands and limited work requirements. Can handle routine work-related interactions that are limited in scope. In more complex and sophisticated work-related tasks, language usage generally disturbs the native speaker. Can handle with confidence, but not with facility, most normal, high-frequency social conversational situations including extensive, but casual conversations about current events, as well as work, family, and autobiographical information. The individual can get the gist of most everyday conversations but has some difficulty understanding native speakers in situations that require specialized or sophisticated knowledge. The individual's utterances are minimally cohesive. Linguistic structure is usually not very elaborate and not thoroughly controlled; errors are frequent. Vocabulary use is appropriate for high-frequency utterances, but unusual or imprecise elsewhere.

Speaking 3 (General Professional Proficiency): Able to speak the language with sufficient structural accuracy and vocabulary to participate effectively in most formal and informal conversations in practical, social and professional topics. Nevertheless, the individual's limitations generally restrict the professional contexts of language use to matters of shared knowledge and/or international convention. Discourse is cohesive. The individual uses the language acceptably, but with some noticeable imperfections; yet, errors virtually never interfere with understanding and rarely disturb the native speaker. The individual can effectively combine structure and vocabulary to convey his/her meaning accurately. The individual speaks readily and fills pauses suitably. In face-to-face conversation with natives speaking the standard dialect at a normal rate of speech, comprehension is quite complete. Although cultural references, proverbs and the implications of nuances and idiom may not be fully understood, the individual can easily repair the conversation. Pronunciation may be obviously foreign. Individual sounds are accurate; but stress, intonation and pitch control may be faulty.
Speaking 4 (Advanced Professional Proficiency): Able to use the language fluently and accurately on all levels normally pertinent to professional needs. The individual's language usage and ability to function are fully successful. Organizes discourse well, using appropriate rhetorical speech devices, native cultural references and understanding. Language ability only rarely hinders him/her in performing any task requiring language; yet, the individual would seldom be perceived as a native. Speaks effortlessly and smoothly and is able to use the language with a high degree of effectiveness, reliability and precision for all representational purposes within the range of personal and professional experience and scope of responsibilities. Can serve as an informal interpreter in a range of unpredictable circumstances. Can perform extensive, sophisticated language tasks, encompassing most matters of interest to well-educated native speakers, including tasks which do not bear directly on a professional specialty.

Speaking 5 (Functionally Native Proficiency): Speaking proficiency is functionally equivalent to that of a highly articulate well-educated native speaker and reflects the cultural standards of the country where the language is natively spoken. The individual uses the language with complete flexibility and intuition, so that speech on all levels is fully accepted by well-educated native speakers in all of its features, including breadth of vocabulary and idiom, colloquialisms and pertinent cultural references. Pronunciation is typically consistent with that of well-educated native speakers of a non-stigmatized dialect.

B: Tables

<table>
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<td>0.64</td>
<td>0.38</td>
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<td>2.18</td>
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### Table 2
Correlation Coefficient for Self/Peer Assessments at the End of the Term

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<td>3.47</td>
<td>0.86</td>
<td>0.31</td>
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