# The Vocabulary Profile of Iranian English Teaching School Books 

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#### Abstract

This paper provides a fairly detailed corpus-based vocabulary profile of the Iranian EFL books used in public schools. To this end, the WordPerfect files of all the seven books were converted to text format to get rid of the formatting features and be compatible with the software used for analysis. The software tools used were the Compleat Lexical Tutor suite, version 6.2 (Cobb, 2011), AntConc (Anthony, 2012), and AntWord Profiler (Anthony, 2012). The output of the analysis included general counts of words in Iranian school books at different levels, the frequent function and content words, frequent $n$-grams, frequent metalinguistic words, the coverage of several well-known, corpusbased word lists in these books, the range of the words across the books, and the amount of vocabulary recycling. The paper discusses the vocabulary representativeness and recycling and the adequacy of exposure to English in these EFL books. Detailed word frequency tables as well as some practical implications of the quantitative results constitute important features of this article.


Keywords: Iranian ELT schoolbooks; Vocabulary input; Vocabulary profile; Vocabulary recycling; Word frequency; Word lists

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## Introduction

Having a clear picture about the quantity of vocabulary input in textbooks is particularly important in a foreign language learning setting, where there is a serious shortage of natural exposure to the target language and, hence, its learning, to a large part, depends on textbooks. In partial response to this need, this study provides a quantitative profile of the vocabulary in the seven EFL textbooks which were prepared and officially assigned to schools to teach by the Iranian Ministry of Education. Considering the uncontroversial role of vocabulary as an essential component of input in language learning (e.g., Lessard-Clouston, 2013) and the central role textbooks play as the medium of that vital input (e.g., Richards, 2005), the study seems significant and of much practical value. Its results furnish awareness in quantitative terms about how much vocabulary Iranian learners are exposed to and how frequently that vocabulary is practiced. This, in turn, helps us see what is missing in our teaching practice and what should be emphasized more.

The study reported in this article used corpus linguistics methodology, as a usual modern mode of lexical exploration, to get detailed counts at different levels of the words in Iranian English teaching schoolbooks, and obtain information about the frequency of function and content words, the frequent collocations, the range of words across the books, and the rate of introducing new words and their recycling. Moreover, comparisons were made between the vocabulary in these books and some previously researched word lists, i.e., the General Service List, the Academic Word List, Longman Communication 3000 Words, and Ogden's Basic English Words. When language teaching practitioners are aware of the degree to which the vocabulary in these textbooks correspond with these research-based lists, they will be in a position to plan their teaching with information about the vocabulary which is neglected or downplayed in these books and should be remedied.

## Review of the Related Literature

 Studies on Vocabulary Input QuantityVocabulary size has been found to be a predictor of reading comprehension (e.g., Keshavarz \& Mohammadi, 2009; Nation, 2006). Concerning vocabulary size, Laufer (1997) suggests 3000 word families as the minimum for reading in English. Zahar, Cobb, and Spada (2001) consider this functional vocabulary
knowledge necessary for reading comprehension, but they emphasize a vocabulary of 5,000 word families for effective reading and understanding. Later research by Laufer and Ravenhorst-Kalovski (2010) set a higher standard. They suggested two thresholds of vocabulary knowledge for reading comprehension: optimal knowledge, i.e., knowing 8,000 word families and covering $98 \%$ of the text to read and minimal knowledge, i.e., knowing 4,0005,000 word families and covering $95 \%$ of the text. Research by Prichard and Matsumoto (2011) confirmed this minimum requirement as their data confirmed that many participants in the $90-95 \%$ coverage range had difficulty comprehending texts.

Another question is the number of repetitions and amount of recycling, that is, the number of times a word must be encountered. There is less agreement over this question because depending on factors such as learning criteria, conditions of learning, learners' levels, individual differences as well as quality and context of exposure, researchers have come up with different figures concerning optimal repetition of vocabulary. Estimates range from six (Saragi, Nation, \& Meister, 1978) to 20 (Herman, Anderson, Pearson, \& Nagy, 1987). Saragi, et al. (1978) found that words presented to learners fewer than six times were learned by half of the participants, while words presented six times or more were learned by $93 \%$. Nation (2001) suggested 16 encounters was a common figure in the literature. Although they make no definite statement about the amount of exposure needed to learn a word, Brown, Waring, and Donkaewbua (2008) emphasize that repetition does have an effect and the greater the number of occurrences of a word, the higher the likelihood of its learning and recall (See also Rott, 2007).

Research has shown that the rate of vocabulary learning is not static (e.g., Laufer \& Rozovski-Roitblat, 2011; Reznick \& Goldfield, 1992). For example, more advanced learners are less dependent on frequency and, therefore, learners' level should be taken into consideration in studying optimal recycling of vocabulary. In the study by Zahar et al. (2001), mentioned above, it was shown that frequency was more than three times as determined for learners scoring $50 \%$ on their level test than for learners scoring $60 \%$. The researchers argued that the number of occurrences needed for acquisition drops considerably over the course of learning the second thousand words. Moreover,
in an elaborate study of the effect of word recycling by Laufer and RozovskiRoitblat (2011), occurrence was found to have an effect on retention, but the effect of task-type was stronger.

A related and complicating issue to the quantity and frequency of exposure is the mode and strategies for vocabulary learning. For example, while many researchers acknowledge the role of explicit instruction and practice in vocabulary learning (e.g., Schmitt, 2008; Walters, 2006), many others give more emphasis to incidental acquisition of vocabulary (e.g., Horst, 2005; Huckin \& Coady, 1999; Krashen, 1993a). A staunch advocate of the latter position is Krashen, who in numerous publications supports frequent exposure through what he calls free voluntary reading, extensive reading or sustained silent reading (e.g., Krashen, 1989, 1993a, 1993 b). In a recent article (Krashen, 2012), he reviews empirical research on the role of frequent exposure in vocabulary development and upholds the position that "direct instruction cannot deal with the size and complexity of vocabulary learning" (p. 33) because there are too many words to be acquired and it is impossible to learn the subtle and fuzzy meanings of words through planned instruction.

## Corpus Studies and Word Lists

It makes pedagogical sense to use frequency as a guide in vocabulary teaching and to know which words learners should focus on during their limited time (Nation, 1990). In fact, Sinclair (1991) noted that "anyone studying a text is likely to need to know how often each different word form occurs in it" (p.30). Moreover, it is through frequent exposure that form-function and form-meaning associations are formed and consolidated. The Power Law of Practice is the fact that there is a relationship between frequency of trials and learning (DeKeyser, 2001). This classic fact about language learning has made syllabus design and classroom methodology for language teaching major fields of data application provided by corpus-linguistic research (Ganger \& Brent, 2004). Corpus research, which attempts to discover patterns associated with lexical and grammatical features (Flowerdew, 2001), has influenced syllabus design and methodology in English teaching in two major ways: 1) providing descriptions of the target language and thus affecting the content of what the teacher teaches and, 2) producing attested language teaching materials (Hunston, 2002). Among other contributions, corpus linguistic research has provided information
concerning the frequency and ranking of words in general and specialized English corpora.

According to Nation (1990), the 4,000-5,000 most frequent words account for 95 percent of written English and 85 percent of speech consists of the 1000 most frequent words. So, it makes pedagogical sense to use frequency as a guide in vocabulary teaching and know which words learners should focus on during their limited time.

Edward Thorndike was the first to document word frequencies and compile a teaching-oriented word list. He manually counted the frequency of $18,000,000$ English words in educational texts and published a series of word books for teachers culminating in A teacher's word book of 30,000 words (Throndike \& Lorge, 1944). Michael West (1953) compiled the General Service List (GSL), which contains the most widely used 2000 English words and has had a wide influence by serving as the basis for graded readers and other texts. The GSL has remained valid in terms of coverage and frequencies so much that its first 1,000 words covers $72 \%$ of the texts in the Brown corpus, a diverse corpus of over $1,000,000$ words. More recent lists of high frequency English words include the Oxford $3000^{\mathrm{TM}}$, Longman Communication 3000, and the Academic Word List (AWL). Coxhead (2000) compiled the well-known AWL from a corpus of 3.5 million written academic words outside the first 2000 most frequent English words.

Although the relationship between frequency on the one hand, and language use and acquisition on the other hand cannot be denied or ignored, frequency is not everything in learning. For example, there is a generally reverse connection between the frequency of a linguistic item and its complexity: Complex structures are less frequent than simpler ones (Roeper, 2007). This means that frequency alone does not determine the learning needs of learners because it is possible to be familiar with most of the words in a text and still have very little understanding of the content (Milton, 2009). Thus, the most frequent does not necessarily mean the most useful; in some cases, other words may be more urgent to learn for comprehension. As another complication for incorporating corpus linguistic techniques in teaching, some scholars have mentioned that teacher may be reluctant to employ corpus strategies in vocabulary teaching
(e.g., Romer, 2010) or may fail to develop effective corpus-based activities (e.g., Heather \& Helt, 2012).

## Vocabulary and Textbooks

In some situations, textbooks are "the basis for much of the language input learners receive and the language practice that occurs in the classroom" (Richards, 2005, p. 239). So, it has been relevant to examine the vocabulary of textbooks to learn about their content validity. For example, Sutarsyah, Nation, and Kennedy (1994) investigated the academic vocabulary load of books in different academic fields and found that the number of shared vocabulary items among specific fields was limited, that is, many of the words in each discipline were unique to that field. They indicated that "EAP courses that go beyond the high frequency academic vocabulary are of little value for learners with specific purposes" (p. 34). Scholfield (1991) looked at the rates of vocabulary introduction and recycling in EFL coursebooks and found significant differences. Nation and Wang (1999) investigated graded readers and concluded that most schemes are not well-designed in terms of vocabulary size. Milton's (2009) comprehensive study of vocabulary acquisition discusses, among other issues, the role of textbooks in teaching and learning vocabulary.

A recent review of studies on Iranian ELT schoolbooks by Riazi and Mosalanejad (2010) indicates that few studies have considered their vocabulary. In their comprehensive review, there is no mention of the studies done on textbooks at vocabulary level. The search by the present researcher did not reveal pithy studies, either.

## The Study

The purpose of this study was to furnish a detailed quantitative picture of lexical input in the main stream Iranian ELT textbooks. The study targeted the following questions about Iranian English Teaching schoolbooks (IETSs):

1. What are the more frequent function words in IETSs?
2. What are the more frequent content words in IETSs?
3. What is the rate of introducing new vocabulary items across IETSs?
4. What are the more frequent n -grams in IETSs?
5. What meta-linguistic words are frequently used in IETSs?
6. How representative of English lexis are IETSs based on comparisons with established word lists?
7. What is the range profile of the words across IETSs?

## Iranian ELT School Books

Seven textbooks constitute a central element in Iranian English teaching in schools, which officially starts at the beginning of guidance (middle) school and stretches to pre-university studies. These books can be downloaded at www.chap.sch.ir. The books are illustrated with hand drawings except for the pre-university book which is mostly illustrated with snapshots. They all include inventories of vocabulary and grammar items for each lesson as well as general lists of words, phonetic symbols, and irregular verbs at the end of the books. Each book, except for the first one in the series starts with a few exercises to review the previous book. Although many learners come to the middle school with some familiarity with English, the first book in the series does not assume any familiarity with English and includes several lessons of alphabet practice. Lessons in the middle school books start with topical conversations which serve as springboards for sentence drills and grammar practice, sentence completion, and sentence production in writing and orally. Book 3 features a reading section toward the end of each lesson.

The lessons in the high school books are organized around passages, preceded by preparatory vocabulary exemplifications and followed by three types of comprehension questions. The lessons continue with oral or written sentence transformation exercises. There is a brief task targeting a communicative function in each lesson. There is also some minimal phonetic and vocabulary practice toward the end of each lesson. Although grouped as "speaking" and "writing" activities, discrete grammar practice is an integral part of high school books.

The eight lessons in the pre-university book constitute a course of reading and grammar with pre-reading questions and passages followed by comprehension questions, vocabulary, morphology, grammar exercises, and reading skills practice. Each lesson also includes a few questions for class discussion.

## The Corpus and Data Analysis Software

The research reported here aspired to describe the lexical dimension of the seven EFL textbooks prepared by the Iranian Ministry of Education for middle (called "guidance" in Iran) and high schools. The description is based on corpora made up of the verbal information in the latest versions of these books, encoded as separate WordPerfect files. Having ensured that the files were free from spelling errors and irrelevant data, particularly in the case of copy-pasted material, the Word files were converted to text format to make them compatible with the intended data processing software.

Marginal information such as tables of contents, headers and footers, page numbers, and lists at the end of the books were not included in the analysis. To give a comprehensive and detailed picture of vocabulary in these books, some analyses were done in two steps, first including the metatextual informationinstructions, headings, end of the lesson word lists, grammar summaries-then, applying the same analyses using a reduced corpus excluding metatextual material. Sixteen text banks were prepared for analysis:

1. Guidance School 1 (G1) (with and without metatext)
2. Guidance school 2 (G2) (with and without metatext)
3. Guidance school 3 (G3) (with and without metatext)
4. High School 1 (H1) (with and without metatext)
5. High School 2 (H2) (with and without metatext)
6. High school 3 (H3) (with and without metatext)
7. Pre-university (Pre-Uni) (with and without metatext)
8. The amassed full text of the seven books (with and without metatext) The word lists used in the analyses included:
9. The GSL
10. The AWL
11. Longman Communication 3000
12. Ogden 850 Basic English Words
13. Function Words

Three software packages were used: Compleat Lexical Tutor (Cobb, 2011) for its text comparing tool, AntConc 3.3.5w (Anthony, 2012) for its frequency, word-list and N -gram tools, and AntWord Profiler 1.3.1 (Anthony, 2012) for its Range program. Although each of these applications provide a wide range of
tools, applications from different packages were used because different degrees of friendliness they showed with different analyses were seemingly the more reliable output for particular purposes, according to pilot analyses with small data sets.

## Results

It is not practical to provide the flood of data which poured out of this analysis because of reasons having to do with space, organization, and clarity. So, only a selection of the data is tabulated below in response to the research questions above.

Table 1 provides the lexical variation and the number of tokens, types, and families both for function and content words. Lexical variation (LV) ratios show the diversity of words in texts. The higher a ratio, the fewer repetitions there are. The first textbook in the series includes 3,555 tokens, which boil down to 188 families of words, 49 of which are function words and 73 (188115) of which are used only in the instructions or other metatextual places of the book. The last book in the series_ English for Pre-University Students_ includes 1,277 families, realizing in $\overline{16}, 190$ words. There are still 54 words which are only used metatextually. The majority of these words are content words as most function words are introduced in the earlier levels. In fact, the last two books have either no or few new function words.

The books together include 79,359 words comprising 1,877families. The increase in the number of words in the books does not seem to be balanced, whether the issue is considered based on a total count or without the metatextual words. For example, $H 3$ includes only 30 words more than $H 2$, and there are 109 more words in H 2 than in H 1 . Given the number of new words in these books, it is obvious that this rate of addition is not balanced. Such slight addition also underestimates the vocabulary learning capacity of learners after four years of language learning and cognitive growth.

The differences between the counts before and after the removal of metatextual words reveal the extent to which instructions and peripheral texts are used as opportunities for vocabulary teaching. There is a difference of 73 and 50 words for $H 1$ and $H 2$, respectively, but the differences drastically shrink
as we move up to higher levels. This shows that instructions and peripheral texts do not provide systematic opportunities for vocabulary building.

Lexical variation of the books may also be worth considering. One way to measure this feature is to calculate the type-token ratios. High variation in instructional materials may mean insufficient practice and recycling. But, what level of variation is educationally sound should be empirically established. The lexical variation of IETSs steadily increases from level one to seven and almost doubles in the final stage. Low lexical richness at lower levels is partly due to the introduction and practice of function words.

Table 1
The Frequency Profile of Vocabulary in IETSs

| Books | Alltokens | $\begin{gathered} \text { All } \\ \text { types } \end{gathered}$ | $\begin{array}{\|c\|} \hline \text { All } \\ \text { families } \end{array}$ | Lexical variation ratios | Function words(total: 164 families) |  |  | $\begin{array}{\|c\|} \hline \text { Tokens } \\ \text { without } \\ \text { metatext } \end{array}$ | Types without metatext | Families without metatext | Lexical variation ratios |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Tokens | types | Families |  |  |  |  |
| G1 | 3555 | 274 | 188 | 7.71 | 358 | 59 | 49 | 2742 | 182 | 115 | 6.63 |
| G2 | 7677 | 534 | 382 | 6.95 | 462 | 112 | 76 | 5660 | 494 | 299 | 8.73 |
| G3 | 9907 | 1077 | 591 | 10.87 | 532 | 133 | 98 | 7864 | 828 | 510 | 11.12 |
| H1 | 15414 | 1492 | 886 | 9.67 | 598 | 171 | 127 | 12643 | 1406 | 806 | 11.12 |
| H2 | 14171 | 1597 | 995 | 11.27 | 616 | 198 | 137 | 11517 | 1458 | 905 | 12.66 |
| H3 | 12445 | 1656 | 1025 | 13.31 | 610 | 190 | 137 | 9982 | 1525 | 936 | 12.28 |
| Pre- <br> Uni | 16190 | 2203 | 1277 | 13.60 | 624 | 195 | 142 | 13283 | 2104 | 1223 | 15.84 |
| $\begin{array}{\|l\|} \hline \text { All } \\ \text { Book s } \end{array}$ | 79359 | 3790 | 1877 | 4.77 | 40846 | 235 | 153 | 63691 | 3535 | 1804 | 5.55 |

Table 2 presents function word families in the most frequent 200 IETS words. Quirk (1985) was referred to and Text-Compare tool in Compleat Lexical Tutor (Cobb, 2011) was used in extracting this information. In these 200 families, 76 ( $38 \%$ ) are function words- 49 from the first 100 families, 27 from the second. Table 2 also displays some function words beyond would (the $200^{\text {th }}$ word) to give a taste of function words at lower frequencies. Obviously,
function words with frequencies lower than 50 are few. Numerals account for $7.21 \%$ and definite and indefinite articles account for $9.14 \%$ of the tokens.

## Table 2

The Most Frequent Function Words in IETSs


Of the 281 function types, indicated by Quirk (1985), 237 types were shared by the 7 books, which means that 44 types are not in the books including ought, anywhere, beneath, hence, thence, towards, hither, nearby, nowhere, shall, underneath, unless, whence, and whither. Although words such as unless, nearby, and toward seem to deserve inclusion, the general impression can be that the ISETTs or IETS? fare fairly well in presenting function wordssomething which can be attributed to the form-focused tradition in Iranian language teaching.

There are differences between the rankings of the top words in Table 2 and those in established references, i.e., Brown Corpus: the, of, and, to, a, in;

Cobuild General Corpus: the, of, and, to, a, in; the BNC: the, of, and, a, in, to; the GSL: the, be, of, and, $a$, to. The more frequent use of $b e, a$ and personal and demonstrative pronouns in IETSs can be due to the frequent use of demonstrative language in these textbooks, especially, in earlier stages, e.g., This is $a \ldots$, She is $a \ldots$. The different line-up of the function words tells much about authenticity and representativeness of texts used.

Table 3 shows the content word families which feature in the top 200 words families from the full corpus. The word lesson is on the top due to its metatextual function and ranks $19^{\text {st }}$ after 18 function words. The end of the table displays examples of words in the next $100^{\text {th }}$ intervals and examples of words with only three and two occurrences.

Table 3
The 125 Most Frequent Content Word Families in IETSs

| lesson | child 211 | listen 142 | hard 104 | today 81 | bstitute 67 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\left(19^{\text {th }}\right) 524$ | student 21 | come 136 | put 103 | drive 77 | feel 66 |
| go 475 | know 208 | thing 130 | learn 100 | long 77 | money 6 |
| ord 390 | English 203 |  | talk 100 | well 77 | fast 64 |
| sentence 387 | time 201 | (99 $\left.{ }^{\text {th }}\right) 129$ | change 99 | small 76 | hand 64 |
| use 353 | man 198 | year | compare 96 | wash 76 | leave 64 |
| nswer 344 | Ali 195 | (101th)125 | repeat 96 | bicycle 75 | letter 64 |
| teach 337 | complete 182 | please 122 | usual 96 | brother 75 | sister 64 |
| question 325 | day 179 | television | Reza 95 | Mynah 75 | dialogue 6 |
| speak 307 | like 177 | 120 | table 95 | easy 73 | homework (199 ${ }^{\text {th }}$ )63 |
| write 294 | get 176 | take 119 | partner 93 | clock 72 |  |
| follow 293 | yesterday 174 | want 119 | structure 93 | country 71 | farm $\left(300^{\text {th }}\right) 42$ |
| book 286 | new 167 | boy 117 | find 92 | late 71 |  |
| school 284 | give 161 | buy 117 | mother 92 | door 70 | tape ( $\left.400^{\text {th }}\right) 30$ |
| make 280 | help 159 | study 116 | verb 92 | foot 70 | comment ( $500^{\text {th }}$ ) 22 |
| work 260 | good 157 | home 115 | bus 91 | need 70 | idea $\left(600^{\text {th }}\right) 17$ |
| read 258 | model 157 | last 114 | clean 90 | past 70 | solve( $700^{\text {th }}$ ) 14 |
| example 256 | watch 155 | house 111 | father 90 | tell 70 | fruit ( $\left.800^{\text {th }}\right) 11$ |
| very 237 | friend 15 | ask 110 | pattern 88 | week 70 | London (900 $\left.0^{\text {th }}\right) 9$ |
| people 231 | now 153 | practice 110 | think 88 | present 69 | describe ( $\left.1000^{\text {th }}\right) 7$ |
| see 230 | eat 147 | old 107 | exercise 86 | bed 68 | addict( $\left.1370^{\text {th }}\right) 3$ |
| car 225 | room 147 | say 107 | M | night 68 | advice(1521th)2 |
| $\text { look } 225$ | live 145 | care 106 | $\text { pen } 84$ | water 68 | value(1521th)2 |

Advice, value, Venus, vessel, wet, and within (a function word) are among the words with a frequency of two. Account, adult, aerobics aftershock, and agent are among words which occur once in the corpus.

Although all the words in Table 3 are very frequent in English, a cursory look at the table reveals a preponderance of metatextual words, especially those at the top of the list, e.g., lesson, word, answer, and repeat. To provide some clues to the representativeness of IETS texts and vocabulary, the ratings of some high frequency words were compared with their ratings in the GSL. The following juxtapositions may give a taste of how the frequencies of these words are compare with their frequencies in general English texts.

|  | lesson | go | word | sentence | work | people | man | year | home- <br> work | walk |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| ISETTs | 19 | 21 | 25 | 26 | 44 | 53 | 66 | 101 | 200 | 205 |
| GSL | 1473 | 50 | 178 | 1357 | 71 | 97 | 43 | 58 | 2276 | 341 |

In order to have an idea of the frequency of verbal chunks and the extent to which the books expose the learners to the associations among words, n-grams of 3-6 words were targeted, using AntConc program. Table 4 presents some of the most frequent n-grams in the full bank of IETSs, selected from the first 100 n -grams. The source list of n -grams in the output included more items, but only the more meaningful chunks were selected for presentation here. Obviously, most of the frequent n-grams are metatextual words from the instructions in the exercises.

Table 4
The 60 Most Frequent 3-6 Word Meaningful N-Grams in IETSs

| look at the 125 look at the pictures and 86 with a partner 83 with a partner s 79 answer these questions 76 answers with a partner 76 compare your answers with a partners 76 a lot of 73 the words in 68 words in the 65 go to school 59 answer the questions 56 follow the model 55 it is a 55 complete the sentences 52 on the table 50 listen and repeat 49 substitute the words 49 in the pattern 48 the words in the 48 it sa 47 the following sentences 47 | write it down 47 <br> and complete the 46 <br> i don t 46 <br> what time is 46 <br> the words in the pattern 44 <br> words in the pattern 44 <br> substitute the words in the <br> pattern 43 <br> what time is it 43 <br> is it a 42 <br> follow the example 38 <br> listen to the 38 <br> in the blanks 37 <br> in the pattern sentences 37 <br> and answer the 36 <br> in the classroom 36 <br> in the morning 36 <br> and answer the questions 35 <br> fill in the blanks 35 <br> the following questions 34 <br> substitute the words in the <br> pattern sentences 33 | the words in the pattern sentences 33 <br> there is a 33 <br> words in the pattern <br> sentences 33 <br> complete the following 32 <br> the following words 32 <br> what do you 30 <br> at the pictures and answer <br> 29 <br> at the pictures and complete 29 <br> go to the 29 <br> look at the pictures and answer 29 <br> look at the pictures and complete 29 <br> in the picture 28 <br> new words and 28 <br> fill in the blanks with 27 <br> go to bed 27 <br> in the park 27 <br> new words and expressions 27 |
| :---: | :---: | :---: |

The most frequent n-grams are in the metatext of the books. In fact, the $100^{\text {th }} \mathrm{n}$-gram in the full corpus has a frequency of 27, while the $100^{\text {th }} \mathrm{n}$-gram in the subcorpus without metatext has a frequency of 13 . To know about words associations in the body of lessons and exercises, the bank of texts without metawords was fed into AntConc program for n-gram analysis. Table 5 presents the more meaningful $n$-grams with frequencies above 20.

Table 5
N-Grams with Frequencies above 20 in IETSs without Metatext

| a lot of 68 <br> go to school 50 <br> it is a 50 <br> on the table 43 <br> it's a 42 <br> what time is 42 <br> I don't 41 <br> is it a 40 <br> what time is it 39 <br> in the morning 35 <br> in the classroom 33 <br> there is a 31 <br> what do you 29 <br> go to the 28 <br> in the picture 28 | don’t know 26 go to bed 25 in the park 25 do you know 23 I have a 23 in the evening 23 what did the 22 do you see 21 it isn't 21 of the moon 21 we don't 21 what is it 21 he has a 20 in the street 20 |
| :---: | :---: |

It is obvious that these books are not rich in presenting frequent English collocations and fixed phrases beyond the conventionalized language of instructions and a small number of basic constructions. A minority of structures is frequently recycled, but essential English phrases and constructions are absent or infrequent.

As indicated earlier, metalinguistic words play a significant role in language teaching books. They include words used in instructions and grammar boxes. Table 6 shows that words with frequencies above 2 are exclusively featuring in the instructions of these books. These words are based on a list subtracted from the full corpus. From words in Table 3, only verb and substitute feature here.

Table 6
The Metalinguistic Word Families and Key Morphemes with Frequencies

| Higher Than Two |  |  |
| :--- | :--- | :--- |
| verb 92 | particle 8 | er 3 |
| substitute 67 | possess 7 | identify 3 |
| oral 50 | bracket 6 | ly 3 |
| drill 43 | ing 6 | modals 3 |
| false 35 | position 6 | section 3 |
| pronunciation 31 | affirmative 5 | singular 3 |
| comprehend 29 | imagine 5 | spell 3 |
| parenthesis 29 | precede 5 | advisability 2 |
| pronoun 22 | previous 5 | colon 2 |
| passive 20 | auxiliary 4 | consequence 2 |
| adverb 16 | bare 4 | contain 2 |
| syllable 14 | contraction 4 | cue 2 |
| gerund 13 | item 4 | determiners 2 |
| phrase 13 | tense 13 | modify 4 |
| preposition 12 | rela 4 | differ 2 |
| underline 12 | stress 4 | error 2 |
| participle 10 | imperative 2 |  |
| focus 9 | appear 3 | manner 2 |
| vowel 9 | oppropriate 3 | omit 2 |
| count 8 | plural 2 |  |
| digest 8 | comma 3 | pron 2 |
|  | either 3 | pronounce 2 |

Table 7 displays a comparison of words in IETSs and those in the GSL, Ogden 850 basic words, the AWL, and Longman Communication 3000 to show how representative of the basic English vocabulary the IETSs are. IETSs share 1268 families with the GSL. The words unique to the series include proper nouns, mostly Iranian person and place names and partial or half words. Sixhundred and seventy families do not appear in the books at all. Of these, 154 families belong to the first 1000 GSL words and 516 families to the second
1000. One hundred and eighty-three Ogden words, 411 AWL words, and 1019 Longman words are missing from the books.

Table 7
IETS Vocabulary Compared with Some Well-Known Word Lists

| Reference | GSL 2000 Words |  |  | Ogden 850 Words |  |  | AWL |  |  | Longman 3000 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \stackrel{0}{0} \\ & 0 . \\ & 0.0 \\ & \hline 5 \end{aligned}$ | $\begin{aligned} & \text { 므N } \\ & \text { W } \end{aligned}$ | $\begin{aligned} & \stackrel{0}{0} \\ & 0 \\ & 0 \\ & 0 \\ & 0 \\ & \hline 1 \end{aligned}$ | $\begin{aligned} & \stackrel{8}{2} \\ & 0 \\ & 0 \\ & 0 \\ & 0 \\ & 5 \\ & 0 \end{aligned}$ |  | $\begin{aligned} & \circ \\ & 0 \\ & 0 \\ & 0 \\ & 0 \end{aligned}$ | $\begin{aligned} & \stackrel{2}{2} \\ & \frac{0}{2} \\ & \frac{3}{5} \\ & 3 \end{aligned}$ | $\begin{aligned} & \text { 믈 } \\ & \text { ज } \\ & \text { N } \end{aligned}$ | $$ |  | $\begin{aligned} & \text { 믗 } \\ & \text { ज } \\ & \text { जn } \end{aligned}$ | $\begin{aligned} & \stackrel{9}{0} \\ & 0 \\ & 0 \\ & 0 \\ & 0 \\ & 5 \end{aligned}$ |
| G1 | 1784 | 154 | 46 | 751 | 96 | 104 | 565 | 5 | 195 | 2336 | 147 | 53 |
| G2 | 1525 | 313 | 119 | 650 | 197 | 235 | 561 | 9 | 423 | 2182 | 301 | 131 |
| G3 | 1453 | 485 | 193 | 547 | 300 | 378 | 557 | 13 | 665 | 1990 | 493 | 185 |
| H1 | 1207 | 731 | 257 | 430 | 417 | 571 | 539 | 31 | 957 | 1732 | 751 | 237 |
| H2 | 1117 | 821 | 297 | 383 | 464 | 654 | 543 | 27 | 1091 | 1646 | 837 | 281 |
| H3 | 1132 | 806 | 365 | 386 | 461 | 710 | 506 | 64 | 1107 | 1600 | 883 | 288 |
| Pre-Uni | 1028 | 910 | 503 | 341 | 506 | 907 | 444 | 126 | 1287 | 1410 | 1073 | 340 |
| Books amassed | 670 | 1268 | 1092 | 183 | 664 | 1696 | 411 | 159 | 2201 | 1019 | 1464 | 896 |
|  | 1840 | 98 | 28 | 786 | 61 | 65 | 569 | 1 | 125 | 2393 | 90 | 36 |
|  | 1679 | 259 | 83 | 876 | 171 | 171 | 566 | 4 | 338 | 2237 | 246 | 96 |
| G3 without Metatext | 1507 | 431 | 147 | 576 | 271 | 307 | 566 | 4 | 573 | 2053 | 430 | 148 |
| H1 without metatext | 1207 | 731 | 257 | 430 | 417 | 571 | 539 | 31 | 957 | 1732 | 571 | 237 |
| H2 Without <br> Metatext | 1166 | 772 | 236 | 398 | 449 | 559 | 557 | 13 | 995 | 1710 | 773 | 235 |
| H3 Without Metatext | 1171 | 767 | 273 | 405 | 442 | 398 | 524 | 46 | 994 | 1652 | 831 | 209 |
| Pre without metatext | 1050 | 888 | 450 | 348 | 499 | 839 | 455 | 115 | 1223 | 1440 | 1043 | 295 |
| Books amassed without metatext | 698 | 1242 | 892 | 189 | 658 | 1476 | 433 | 137 | 1997 | 1061 | 1422 | 712 |

Table 7 shows that the series increasingly includes more words from these lists as it progresses up to the final level, but it fails to cover an overwhelming majority of the basic vocabulary items from these lists. Even in the case of Ogden 850 Basic Words, 189 words are left out. Only 137 AWL words are covered by these books. Although it seems pedagogically sound that only a few AWL or other content words are included in basic levels and the focus is on very basic words, the opportunities are not fully used later. A conspicuous example is H3, where only 3 new words are added from Ogden list. This is confirmed by checking the progress with other word lists in other columns. Moreover, it is a pressing need of the students at pre-university level to be familiar with academic words. The same number of AWL words appear in G2 and G3 and the number of AWL words in H 2 is even lower than H1. The series ignores 433 AWL items.

The final piece of information reported here is the range of the words across the seven IETSs, i.e., how many of them repeat how many words. While it is acknowledged that this tabulation is very rough and short of a fine-tuned display of recycling of particular words in individual books and across books, combined with the frequency profiles above, it can be very telling. Table 8 indicates how many types and families of words are featured at each possible range, both in the main corpus and in the subcorpus excluding metatextual words.

Table 8
The Range of the Words across the IETSs

| Range | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Full-corpus <br> Types | 2028 | 662 | 393 | 306 | 232 | 180 | 134 |
| Full-corpus <br> Families | 840 | 433 | 286 | 243 | 194 | 143 | 103 |
| Subcorpus <br> Types | 1933 | 614 | 362 | 282 | 225 | 162 | 75 |
| Subcorpus <br> Families | 839 | 415 | 275 | 226 | 191 | 129 | 55 |

A striking point in Table 8 is the high proportion of words occurring only in one book. The statistics for higher ranges are increasingly smaller. In fact, only 103 word families occur in all the seven books and only 143 families occur in six books.

## Discussion

A brief look at the tables above reveals that IETSs fail to target an adequate number of English words and provide enough verbal exposure and practice for the words which are targeted.

According to Table 1, there are 1277 word families in the Pre-university book and a total of 1877 word families in all the seven books. Obviously, this seriously falls short of the minimum number of word families suggested by many researchers (e.g., Zahar, Cobb, \& Spada, 2001; Laufer \& RavenhorstKalovski, 2010). In fact, IETSs do not go very much beyond half of the minimum number, i.e., 3000 words, which Laufer (1997) and Zahar, Cobb, and Spada (2001) find necessary for a functional understanding of the basic English texts. Table 7 shows that 698 GSL word families, 189 Ogden word families, 433AWL word families, and 1061 Longman 3000 word families are absent from the IETSs. This means that even in the ideal situation, where the targeted words were fully learned, high school graduates, who are mostly university candidates and aspire to study English at a higher level, would not be well prepared to handle either basic or academic English texts only for a lack in the vocabulary component. Thus, this fact about the vocabulary deficit of IETSs can be very helpful in diagnosing the problems university students face in learning English because the missing words in IETSs are very frequent in both academic and general texts.

Another issue is the insufficient recycling and practice of the targeted words. The frequencies presented along the words in most of the tables above and the range information in Table 8 bear witness to this fact. According to Table 3, 1000 words are repeated more than seven times in these books. Given the fact that there are 1877 words in IETSs, 1000 may sound like a good majority. However, it should be noted that a large number of these words are function or metatextual words. Metatextual words tend to become marginalized and not receive much attention not least because they are not in the main
passages of the lessons and are less likely to feature in exams. Thus, as a rough estimate, it seems that about half of the content words are not repeated more than seven times in these books. Unfortunately, we do not have a clear picture of the repetitions that do occur, as we do not know about the repetitions which are in the same lesson or passage or across multiple lessons in the same book. The only source of information about IETSs word recycling available here is Table 8, which gives the range of words across the seven books. The figures displayed in Table 8 again confirm the observation that there have not been serious systematic attempts at recycling the words which are introduced. On the one hand, there are a high proportion of words occurring in one book. On the other hand, only 103 word families occur in all the 7 books and only 143 families occur in six books. When the metatextaul words are subtracted from these words, only 55 and 129 word families are left with ranges of seven and six, respectively. Obviously, many of these high-ranging words are basic grammatical words. As a follow-up to the range analysis, the lists of words obtained from this analysis were compared with the Academic Word List. The comparisons revealed that only one AWL word has a range of seven, one a range of six, six occur in five books, four appear in four books, and 12 appear in three books.

Another dimension of the quantitative inadequacy in IETSs is the fact that a small number of familiar multiword fixed phrases or $n$-grams are included in IETSs (see Tables $4 \& 5$ ). Most of the frequent $n$-grams are in the metatextual parts of the books. In fact, there are only 29 English lexical chunks which occur more than 20 times in the main body of the lessons in IETSs. This is in spite of the emphasis put by experts on fixed phrases and collocations in teaching language. For example, Lewis (2000) vehemently advocates the inclusion and practice of lexical chunks in language teaching materials and Martinez and Schmitt (2012) cite research-based evidence which shows the importance of formulaic language.

The limited coverage of words, the low amount of recycling across the books and within individual books, the presence of few well-known English chunks and collocations, and lack of correspondence between the frequency ranking of the most frequent function words and their ranking in established reference corpora (see Table 2) indicate that the amount of text IETSs include
is not very much. This flies in the face of SLA research which emphasizes the quantity and frequency of exposure. Both those who support incidental exposure (e.g., Schmitt, 2008) and those who advocate direct instruction (e.g., Krashen, 2012) would agree that the inadequacy of input and exposure constitutes a threat to the vocabulary teaching, and ultimately the language teaching mission of IETSs.

## Implications

The fairly detailed revelations of this study about the quantity of vocabulary input have noteworthy implications for policy makers, material developers, and teachers. It seems that seven years of English study deserve more lexical and textual input. It is very unlikely that such a grand goal as learning the functional vocabulary of a foreign language can be achieved by reading a small number of short passages. Insufficient input and exposure may be counterproductive not only for cognitive reasons, but also on affective grounds because such a treatment sends wrong messages about the effort needed for language learning and creates false expectations about success. But, before the yawning lexical and textual gaps are bridged by decision makers and material developers, teachers can draw upon the feedback from this study and prepare remedial supplementary vocabulary materials, using established pedagogical vocabulary references such as the AWL, the GSL, Longman Communication 3000, Ogden 850 Basic Words, and Oxford 3000. The bottom line of this study is that Iranian school students do need more exposure to basic and academic vocabulary as well as conventionalized phrases. This need can be met by taking more texts to the learners. The question of the method for doing this is another serious issue which is not the scope of this report.

## Conclusion

Some areas of vocabulary input quantity are still in the dark. For example, the range of words across lessons in individual books could help teachers in setting up remedial practice and book developers in their later revisions. A list of words common to all or common to different combinations of the seven books could also be helpful. A comparative-correlational study of the frequency rankings of words in lists such as the GSL and the BNC and the frequency
rankings of the words in present textbooks would give further insight about the representativeness and priorities of these books concerning English vocabulary.

Nevertheless, the study provides a glimpse of the vocabulary that the last revision of IETSs attempts to teach. This information can be useful to teachers, book designers, and learners. As the report above shows, a considerable amount of basic and valuable English vocabulary is introduced and practiced. But, again, there is much, arguably equally important, vocabulary which is left out of these books. This may be due to lack of variety in text types or simply due to low input quantity or both. The books are not rich in idiomatic expressions and few frequent conventional English phrases make an appearance in them; therefore, they fail to create "an English atmosphere" for the users and give a taste of real English. This study did not directly target the amount of recycling and reuse of words within individual books. However, considering the lexical variation and range indices here, it is safe to say that, beyond function words and some intertextual items, many of the current words are not systematically and frequently revisited.

More in-depth studies can complement this study. For example, it is worthwhile to find if the current presentation order of the words is optimal or some reshuffling is required to improve their teachability. Research is needed to know how much recycling the average Iranian language learner needs to learn the targeted items. A fine-tuned study can identify the words which require more recycling, due to, say, complexity or being forgetting-prone. Another issue worthy of exploration is the extent to which the vocabulary deficiencies of undergraduate learners reflect the missing words in these books.

## Notes on the Contributor:

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